

# TAKE THE LEAP INTO KINDERGARTEN

*This is a basic checklist that can be used as a guide only. This list is based on OT and Speech Pathology goals. Remember you know your child best so if you are concerned about their development, please give us a call to make an appointment.*

## Social Skills

- ☐ Can sit and attend during group time for 5-8 minutes
- ☐ Shows interest in letters and numbers
- ☐ Can share & negotiate rules with peers
- ☐ Can say their full name
- ☐ Can play with toys independently, with peers and with adults

## Fine Motor

- ☐ Can draw a circle, square, plus sign and rectangle, working towards diagonal lines & triangles by 5 years 3 months.
- ☐ Can pick up and manipulate items within the hand
- ☐ Holds a pencil using a 3 or 4 fingers (resembling an adult's grasp)
- ☐ Has a hand dominance
- ☐ Uses scissors to cut on lines and around basic shapes
- ☐ Attempts to draw pictures of specific items (with reasonable resemblance)
- ☐ Can draw a person with resemblance and most features (aiming for also including a body)
- ☐ Can thread medium beads onto a string with ease
- ☐ Colours between the lines, and changing colours for different sections (not perfect colouring)
- ☐ Is attempting to write name

## Gross Motor

- ☐ Can make an X on chest with arms
- ☐ Can climb confidently on play equipment
- ☐ Balances on 1 foot for 10 seconds

## Receptive Language

- ☐ Understand place & time related words (e.g. first, before, after, now, next, last, above, below, middle)
- ☐ Understand difference between day and night
- ☐ Beginning to understand comparatives (e.g. "this elephant is big, and this elephant is even bigger")
- ☐ Starting to understand "when" questions
- ☐ Following 3 part instructions (routine based)

## Expressive Language

- ☐ Uses well formed sentences to be understood by most people (even strangers)
- ☐ Participating in longer conversations
- ☐ Uses pronouns such as (his, her)
- ☐ Uses joining words (if, so, but)
- ☐ Combines five to eight words in a sentence
- ☐ Can say days of the week in sequence
- ☐ Identify the odd one out from a group of three items (apple, banana, foot)
- ☐ Attempts to tell a long story in sequence, but may get lost and forget the main idea.
- ☐ Uses most sounds correctly but may have difficulty with S, R, L & TH

## Self Care

- ☐ Can open their own lunchbox and packets
- ☐ Can put on and take off their jumpers and jackets
- ☐ Can toilet independently / has provisions in place that the school is aware of.